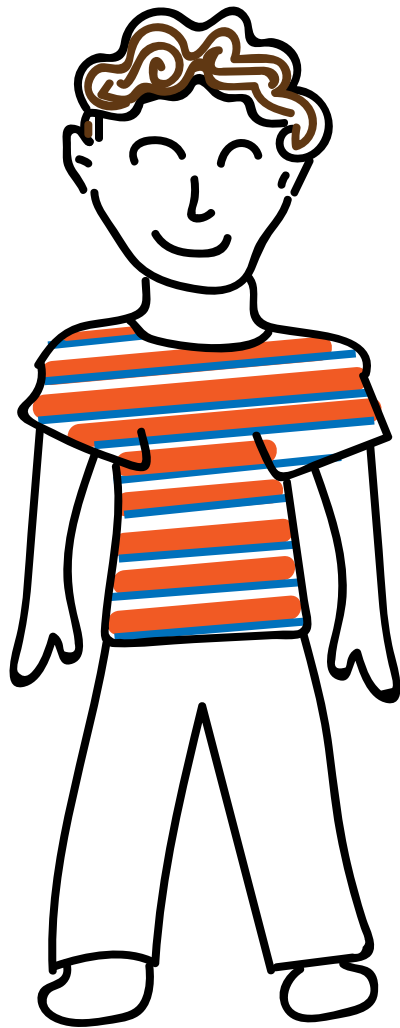


Stand with your feet separated by the same width as your shoulders.

It should look like a straight line can be drawn down from your shoulders to the middle of your foot.

1



Allow your arms to comfortably fall to your sides.

Do not cross them in front of you, or behind you.

2



With your shoulders up and back, stand up straight.

When you breathe in and out your shoulders should not move, Only your stomach should move in and out as you breathe.

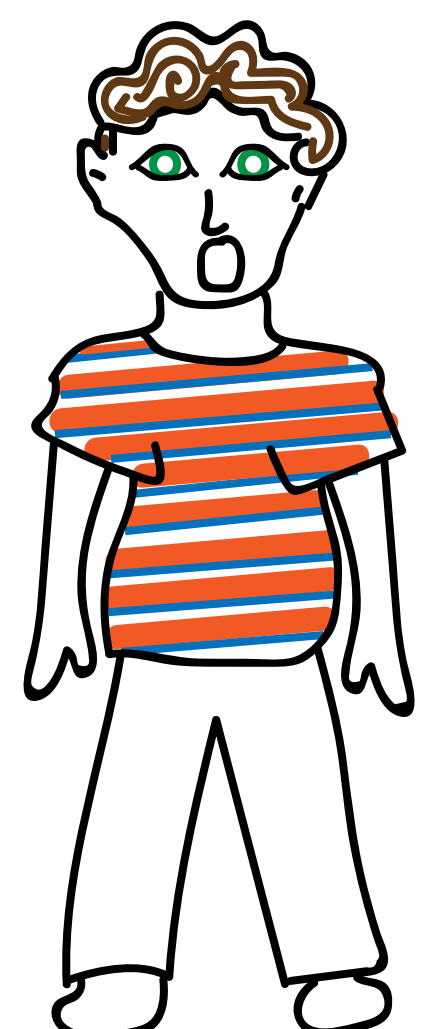
3



When you begin to sing, relax your bottom jaw so it drops.

That is the space you want in your mouth to make a nice full sound.

4



Finally, make sure you are following the director to see when to start singing and when to stop.

Don't forget to have fun!

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